

# Education Modules

Our education is designed to assist doctors, nurses and allied health professionals. These broad areas are covered, with further details following:



- Understanding the Context of Death and Dying
- Clinical Skills in End-of-Life Care
- Patient States of Mind
- Accreditation and Management

## Understanding the Context of Death and Dying

### The Importance of Coordinating Patient Care - **NEW**

#### What you will learn

- The barriers and facilitators to safe patient coordination.
- What works well in integrated care.
- Careful transfer plans.
- Understanding the patient's wishes.

### End-of-Life Care for Diverse Communities

#### What you will learn

- What the common issues are for patients and staff who are from diverse communities.
- Identify potential barriers to end-of-life care.
- How to build trust and diminish assumptions.
- Practical steps towards empowerment.

### Dying, a normal part of life

#### What you will learn

- Dying is a normal part of life
- How to identify common end of life pathways or illness trajectories.
- How to reflect on your own attitudes to, and skills, on end-of-life care.
- How to grow your own confidence and skills in end-of-life care.

### Chronic Complex Illness End-of-Life Care

#### What you will learn

- The impact of chronic complex illness at the end of a patient's life.
- How to identify opportunities to have end-of-life conversations in order to enhance care.
- How to have conversations with kindness and compassion.
- To be aware of moral distress and opportunities for compassion satisfaction.

### Emergency Department End-of-Life Care

#### What you will learn

- How to deliver compassionate care.
- The possibilities of end-of-life care in Emergency Departments.
- How to have conversations on the future and advance care planning.
- Your part in the families' optimal grieving and bereavement .

### Paediatric End-of-Life Care

#### What you will learn

- The patterns of death of Australian children.
- The importance of families in all aspects of care.
- How to apply a critical approach to symptom management in paediatric end-of-life care.
- Appreciate how moral distress happens and how best to respond

# Clinical Skills in End-of-Life Care

## Recognising the End-of-Life

### What you will learn

- What is meant by the term 'end of life'.
- Who is responsible for recognising patients who are at the end of life.
- Available triggers and tools to assist recognition of end of life.

## Patient-Centred Communication and Shared Decision-Making

### What you will learn

- What your own strengths and challenges are in end-of-life communication.
- How to prepare for unexpected and common questions from patients and families.
- The importance of shared decision making in end-of-life care.
- How to extend and improve your practice by using evidence based resources.

## Planning End-of-Life Care - Goals of Care

### What you will learn

- How helpful goals of care are to patients, families and health professionals.
- The importance of family in the provision of care.
- How to discuss and negotiate goals of care.
- Strategies on how to manage difference of opinion or expectations in care.

## Responding to Concerns

### What you will learn

- When urgent responses are required in end-of-life care.
- How to respond to patient suffering and families' sorrow.
- How to seek support for yourself in your workplace.
- How to be prepared for emotional conversations and conflict.

## Teams and Continuity for the Patient

### What you will learn

- Why effective team work makes a difference in end-of-life care.
- To see your team from the patient's perspective.
- Essential elements of effective teams.
- How to manage and respond effectively to conflict.

## Imminent Death - How to Respond

### What you will learn

- How to identify the signs of impending death.
- Respectful care of patient's dead bodies.
- Foundational grief and bereavement care in fast paced hospital settings.

## Patient States of Mind

### States of Mind at the End of Life

- What you will learn**
- How to identify common psychosocial and existential wellbeing in end of life care.

### Assessing Patient States of Mind at the End of Life

- What you will learn**
- How to screen for psycho-existential symptoms.

### Clinical Management of Anxiety, Depression and More

- What you will learn**
- Appreciate the clinical management of anxiety, demoralisation, depression, and existential distress.

## Accreditation and Management

### Meeting the Standards

- What you will learn**
- Understand the National Safety and Quality Health Service Standards concerning EOL care.
  - How to increase the safety and quality of care for people at the end of life.
  - Who in your team or organisation can assist in preparing for accreditation.

### Clinical Change Management

- What you will learn**
- Explore models for change management.
  - Identification of key points where change can facilitate better EOL care.
  - Understand the obstacles and facilitators to change.