

# Additional Resources

End-of-Life Care Seminar – After a death: how to support yourself and other staff after a patient has died

## CareSearch

Healthcare professional pages

- [Self-care when caring for people at the end of life](#) (nurses)
- [The need for practitioner self-care](#) (allied health)
- [Caring for your self is part of professional practice](#) (doctors)
- [Self-care for paramedics](#)

Clinical evidence summary

- [Professional wellbeing](#)

## ELDAC

- [Self-care Room](#)

## Grief Australia

- [How to be a Compassionate Employer](#)
- [Resources: For Professionals](#)

## PalliAGED website

- [A self-care template](#)

## Palliative Care Australia

- [Self-Care Matters](#) – a resource to prevent burnout and build resilience

## Further Reading

Heise BA, Wing DK, Hullinger AHR. [My Patient Died: A National Study of Nursing Students' Perceptions After Experiencing a Patient Death](#). *Nurs Educ Perspect*. 2018;39(6):355-359.

Pilarski A, Hartleben E, Wilson, J. [The Pause: A Second Chance for a Meaningful Connection](#). *Acad Emerg Med*. 2020;28(2):274-275.

Walker W, Efsthathiou N. [Support after patient death in the intensive care unit: Why 'I' is an important letter in grief](#). *Nurs Crit Care*. 2020;25(5):266-268.

