

References

1. Anderson B. [Facilitating person-centred after-death care: unearthing assumptions, tradition and values through practice development](https://doi.org/10.19043/ipdj.71.006), International Practice Development Journal 2017, 7 (1) [6] <https://doi.org/10.19043/ipdj.71.006>
2. Heise, B., Wing, D.K., Hullinger, A.H.R. [My Patient Died: A National Study of Nursing Students' Perceptions After Experiencing a Patient Death](#) Nursing education perspectives, 2018, Vol.39 (6), p.355-359
3. Pilarski A, hartleben E, Wilson J & Belt K. The Pause: A Second Chance for a Meaningful Connection. Acad Emerg Med 2021 Feb;28(2):274-275. <https://doi.org/10.1111/acem.14168>
4. Walker, W & Efstathiou, N. [Support after patient death in the intensive care unit: Why 'I' is an important letter in grief](#). Nursing in critical care, 2020-09, Vol.25 (5), p.266-268



Websites

CareSearch

Health care professional pages

- [Self-care when caring for people at the end of life](#) (nurses)
- [The need for practitioner self-care](#) (allied health)
- [Caring for yourself is part of clinical practice](#) (doctors)
- [Self-care for paramedics](#)

Clinical Evidence Summary

- [Self-care](#)

PalliAGED website

- [A self-care template](#)

Palliative Care Australia

- [Self-Care Matters – a PCA resource to support those working with the dying to prevent burnout and build resilience](#)
- <https://palliativecare.org.au/resource/resources-self-care-matters/>

Australian Centre for grief and Bereavement

- How to be a compassionate employer
https://www.grief.org.au/ACGB/ACGB_Publications/Resources_for_the_Bereaved/Compassionate_Employer.aspx
- ACGB also have other resources – for the bereaved and for health professionals

