

Graduate Nurse – Jesse

Jesse is a Graduate Nurse commencing a new position within a small rural hospital. As part of the hospital's education program, Jesse is asked to complete the End-of-Life Essentials (EOLE) Orientation to End-of-Life Care Package to gain foundational knowledge around delivering end-of-life care. Follow Jesse's learning yourself by accessing these [three modules](#).



End-of-Life Essentials (EOLE): Orientation to End-of-Life Care Package

1 RECOGNISING DYING

RECOGNISING WHEN A PATIENT IS AT THE END OF LIFE

This is a skill all new healthcare professionals need to develop, and seasoned practitioners need to refresh, to provide high-quality end-of-life care.

ACTIVITY: To understand your own confidence in recognising end of life, complete the [Novice vs Able Healthcare Professional Quiz](#) in the module.

Consider:

- What are your strengths in end-of-life care?
- Where could your practice be stronger?

ACTIVITY: Case Study – Joan: 'AM I GOING TO DIE?'

- Watch the video [Am I going to die? – part 2](#) to see a novice and an able response to Joan's question.

RESOURCE: Download the [Recognising Dying Toolkit](#) to use in your clinical practice.

2 IMMINENT DEATH

SIGNS OF IMMINENT DEATH

ACTIVITY: Watch the [Signs of Imminent Death](#) video.

RESOURCE: Access and print out the [Signs of Imminent Death Factsheet](#) to assist you in recognising signs of imminent death in the day-to-day assessment of patients.

ACTIVITY: Watch the [Imminent Death – How to Respond](#) video featuring a junior nurse.

Consider:

- Are you comfortable with the more experienced clinician approach?

RESPONDING TO A PATIENT IMMINENTLY DYING

Recognising that someone is dying on your shift can be confronting. Knowing how to respond can help you feel more at ease when delivering care.

ACTIVITY: Watch the [Example of imminent death in an acute hospital](#) video.

3

COMMUNICATION AND DECISION-MAKING

COMMUNICATION SKILLS

Sharpen your communication skills to ensure that you are making a difference to a patient at the end of their life.

ACTIVITY: Watch [The Patient Perspective](#) animation, featuring a patient with cancer.

Consider and discuss within your team:

- The 'importance of seeing the person in the patient'.