

Educator – Nina

Nina is a Clinical Nurse Educator (CNE) working in a large metropolitan public hospital.

Nina supports students, nurses, and other healthcare professionals. Nina has been tasked with developing an in-service program to cover the Comprehensive Care Standard around end-of-life care.



1

Nina recently came across the free, evidence-based **End-of-Life Essentials (EOLE)** online education resources via a colleague.

2

Nina is asked to provide training to a new group of junior nurses. Nina gives a 30-minute in-service group presentation using the EOLE **Death as a Normal Part of Life Training Resources**

- In small groups, the nurses are tasked with sharing their own experiences and **reflections on death and dying**.

Nina learns that the **nurses often feel stressed** and out of their depth when caring for a dying patient and their family.

3

Nina directs the group of nurses to complete the **Orientation to End-of-Life Care Modules** as part of their CPD.

After the modules are completed, Nina meets with the nurses in small groups over the next week, to discuss strategies they have in place for **self-care**, e.g., after a stressful day at work.

4

Nina finds ready to use resources, she takes these and develops a training day. She delivers a 30-minute presentation using the **Recognising Dying Training Resources**.

- In small groups nurses discuss the following: 'Think about all the patients in your care during your last shift. Consider the 'surprise' question about each patient: Would you be surprised if this patient dies within the next few months/ weeks/days?'

Nurses are asked to complete an **evaluation** to gain an idea of how useful the training was for building their confidence in end-of-life care.

5

Nina wants to remain informed of new End-of-Life Essentials education and resources and subscribes to the **End-of-Life Essentials newsletter**.