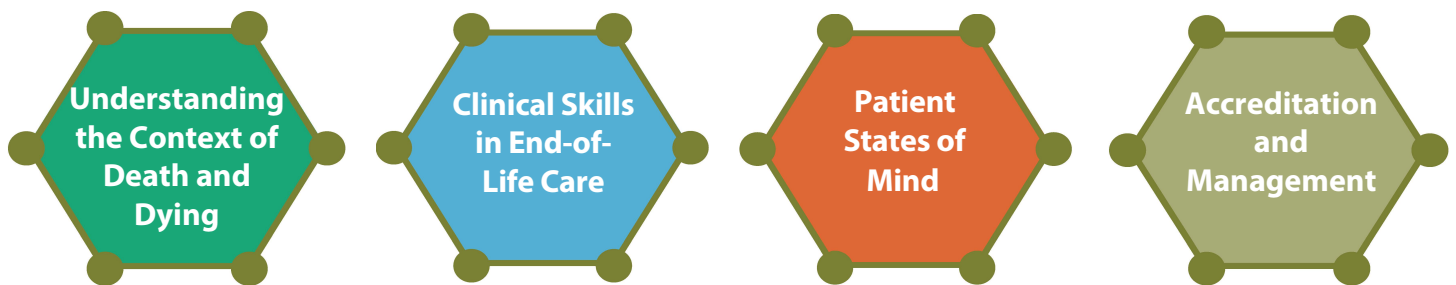




End-of-Life Essentials Education Modules at a Glance

Our education is designed to assist doctors, nurses and allied health professionals. These broad areas are covered, with further details following:



Understanding the Context of Death and Dying

◆ The Importance of Coordinating Patient Care

- The barriers and facilitators to safe patient coordination.
- What works well in integrated care.
- Careful transfer plans.
- Understanding the patient's wishes

◆ End-of-Life Care for Diverse Communities

What you will learn

- What the common issues are for patients and staff who are from diverse communities.
- Identify potential barriers to end-of-life care.
- How to build trust and diminish assumptions.
- Practical steps towards empowerment.

◆ Dying, a normal part of life

What you will learn

- Dying is a normal part of life.
- How to identify common end of life pathways or illness trajectories.
- How to reflect on your own attitudes to and skills on end-of-life care.
- How to grow your own confidence and skills in end-of-life care.

◆ Chronic Complex Illness End-of-Life Care

What you will learn

- The impact of chronic complex illness at the end of a patient's life.
- How to identify opportunities to have end-of-life conversations in order to enhance care.
- How to have conversations with kindness and compassion.
- To be aware of moral distress and opportunities for compassion satisfaction.



Understanding the Context of Death And Dying

Emergency Department End-of-Life Care

- What you will learn**
- How to deliver compassionate care.
 - The possibilities of end-of-life care in Emergency Departments.
 - How to have conversations on the future and advance care planning.
 - Your part in the families' optimal grieving and bereavement.

Paediatric End-of-Life Care

- What you will learn**
- The patterns of death of Australian children.
 - The importance of families in all aspects of care.
 - How to apply a critical approach to symptom management in paediatric end-of-life care.
 - Appreciate how moral distress happens and how best to respond.

Clinical Skills in End-of-Life Care

Recognising the End-of-Life

- What you will learn**
- What is meant by the term 'end of life'.
 - Who is responsible for recognising patients who are at the end of life.
 - Available triggers and tools to assist recognition of end of life.

Patient-Centred Communication and Shared Decision-Making

- What you will learn**
- What your own strengths and challenges are in end-of-life communication.
 - How to prepare for unexpected and common questions from patients and families.
 - The importance of shared decision making in end-of-life care.
 - How to extend and improve your practice by using evidence based resources.

Planning End-of-Life Care - Goals of Care

- What you will learn**
- How helpful goals of care are to patients, families and health professionals.
 - The importance of family in the provision of care.
 - How to discuss and negotiate goals of care.
 - Strategies on how to manage difference of opinion or expectations in care.

Responding to Concerns

- What you will learn**
- When urgent responses are required in end-of-life care.
 - How to respond to patient suffering and families' sorrow.
 - How to seek support for yourself in your workplace.
 - How to be prepared for emotional conversations and conflict.

Teams and Continuity for the Patient

- What you will learn**
- Why effective team work makes a difference in end-of-life care.
 - To see your team from the patient's perspective.
 - Essential elements of effective teams.
 - How to manage and respond effectively to conflict.



Clinical Skills in End-of-Life Care

Imminent Death - How to Respond

- What will you learn**
- How to identify the signs of impending death.
 - Respectful care of patient's dead bodies.
 - Foundational grief and bereavement care in fast paced hospital settings.

Patient States of Mind

States of Mind at the End of Life

- What you will learn**
- How to identify common psychosocial and existential wellbeing in end of life care.

Assessing Patient States of Mind at the End of Life

- What you will learn**
- How to screen for psycho-existential symptoms.

Clinical Management of Anxiety, Depression and More

- What you will learn**
- Appreciate the clinical management of anxiety, demoralisation, depression, and existential distress.

Accreditation and Management

Meeting the Standards

- What you will learn**
- Understand the National Safety and Quality Health Service (NSQHS) Standards concerning EOL care.
 - How to increase the safety and quality of care for people at the end of life.
 - Who in your team or organisation can assist in preparing for accreditation.

Clinical Change Management

- What you will learn**
- Explore models for change management.
 - Identification of key points where change can facilitate better EOL care.
 - Understand the obstacles and facilitators to change.

